

RECLAIM REVIVE RESET REPROGRAM REJOICE

NEW YEAR'S

DECEMBER 30TH - JANUARY 1ST

LOVE ACADEMY WELLNESS PROGRAM

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WELLNESS PROGRAM
BY LOVE ACADEMY:

MARY HABERSKI &

JERONIMO GARCÍA

ART INSTALLATIONS BY:

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HOTEL ELGANZO

Love Academy is a platform that uses the energy of love as an axis for human evolution.

We promote knowledge and create experiences for a global community of enthusiasts of the art of living.

Classes may end 5-10 minutes earlier than specified.
Depending on disassembly/assembly time for the next activity.

SATURDAY DECEMBER 30TH & SUNDAY DECEMBER 31ST

MORNING CHI KUNG CLASS

W / JERÓNIMO GARCÍA
9:00 - 10:00 AM / @THE ROOFTOP

Taoist Master Jeronimo Garcia shares the wisdom in the energy movement of the body awareness. Learning how to channel the flow on our vitality to our organs, focusing on the life force generated from the elements to our inner temple, the body.

INTRODUCTION TO KUNDALINI, MEDITATION AND BREATH SYSTEM

W / MARY HABERSKI
10:30 AM - 12:00 PM / @THE ROOFTOP

Mary moves with her intuition by teaching mindfulness and meditation with Kundalini Yoga, awakening our center spinal energy and activating from inside out the senses with the assistance of the breath (kriyas) creating an expansive experience.

TAOIST SEXUALITY MASTER CLASS

W / JERÓNIMO GARCÍA
1:00 - 2:30 PM / @EL GANZO CONFERENCE ROOM

With the purpose of activating the natural sexual energy, reclaiming the pleasure, rejuvenation and vitality in our system, the classes shared by Jeronimo are a physical-spiritual teaching passed on by generations of Taoist masters, made for women and men to embody their full potential through empowered and educational sexuality.

MONDAY JANUARY 1ST

IGNITING 2024 CEREMONY & TAROT CARDS GROUP READING

W / JERÓNIMO GARCÍA & MARY HABERSKI
4:30 - 6:30 PM / @FIRE PIT

Embark on a mystical journey into the new year with internationally renowned Tarot reader Mary Haberski's special group tarot reading on New Year's Day. Our unique session will be intuitively guided by Mary's clairvoyant insights intertwined with the powerful symbolism of the cards, offering personalized guidance and foresight to illuminate your path in the coming year. Experience the mystical synergy of the collective energy that will enhance the depth of our reading, co-creating a truly memorable and enlightening start to the year ahead.

PRIVATE SESSIONS

JERÓNIMO GARCÍA

INDIVIDUAL OR COUPLE COUNSELING ON TAOIST SEXOLOGY, ALSO CALLED TAOIST

@SPA | \$230 USD (PER COUPLE)

The session depends on the knowledge of:

- Art of Sexual Transmutation.
- Transmutation of Emotational Energy
- Unconditional Love Meditation

Participants will learn the sexual secrets of ancient Chinese royalty to cultivate and transform sexual-affective energy, both alone and as a couple, to experience states of healing ecstasy and achieve longevity in full function. They will open the circulation channels of vital energy, to be able to circulate through them: vital energy, "cold" sexual energy, exalted sexual energy and orgasmic energy.

MARY HABERSKI

MASTER IN TAROT READINGS

@SPA

- 15 minutes: \$75 USD
- 30 minutes: \$150 USD
- 45 minutes: \$195 USD
- 60 minutes: \$250 USD

Gain deep insights into your life's path and decisions with a personalized Tarot reading from Master Reader Mry Haberski. Explore your inner guidance and find clarity on your journey.

60-MINUTE PERSONALIZED YOGA LESSON

@SPA | \$250 USD (PER PERSON)

- Style: Choose from Kundalini, Yin, Vinyasa, or Hatha

Immerse yourself in a tailored yoga experience, selecting from our diverse styles. Mary Haberski will guide you towards balance, flexibility, and inner peace, leaving you refreshed and rejuvenated.

90-MINUTE PERSONALIZED YOGA LESSON

@SPA | \$300 USD (PER PERSON)

- Style: Choose from Kundalini, Yin, Vinyasa, or Hatha

Dive deeper into your yoga practice with a 90-minute session. Explore your chosen style, enhancing your mind-body connection, and achieving profound relaxation and vitality.

45-MINUTE BREATHWORK SESSION

@SPA | \$225 USD (PER PERSON)

Elevate your well-being with a focused breathwork session. Learn techniques to enhance your mental clarity, reduce stress, and promote overall vitality in just 45 minutes.

60-MINUTE BREATHWORK SESSION

@SPA | \$250 USD (PER PERSON)

Experience the transformative power of breathwork combined with Kundalini activation. This session will help you unlock your inner potential, leaving you with renewed energy and spiritual insight.

60-MINUTE ENERGY HEALING SESSION

@SPA | \$250 USD (PER PERSON)

Realign your body's energy and find emotional balance with our dedicated energy healing session. Our practitioners will work with you to release blockages, leaving you feeling lighter and more centered.

30-MINUTE EXPRESS SESSION

@SPA | \$150 USD (PER PERSON)

Short on time? Our express sessions provide a quick boost of wellness, allowing you to choose from various modalities to suit your immediate needs.

FOR RESERVATIONS:

RSVP HERE!